

Micropigmentation Pre-Procedure Instructions

How to Prepare for Your Appointment

- Chemical and laser peels should be avoided no less than **6 weeks** prior to procedure
- Botox and injectable fillers should be avoided for **3 weeks** prior to/after procedure
- Exfoliating treatments such as microdermabrasion should not be performed within **2 weeks** prior to procedure
- Retinoids (Retin-A, Differin, OTC) and AHA's should be avoided for **2 weeks** prior to procedure
- Avoid sunbathing and tanning beds for at least **1 week** prior to procedure
- Do not wax brow area for at least **3 days** prior to procedure
- Avoiding booking your appointment during your menstrual cycle, as it can increase sensitivity
- **72 hours** prior to your appointment, **DO NOT** take blood thinners such as aspirin, ibuprofen (Advil), Niacin or Vitamin E unless medically necessary
- **24 hours** prior to your appointment, **DO NOT** drink alcohol or caffeine as they can cause greater sensitivity and possible bleeding

You are **NOT** a suitable candidate for Micropigmentation if you are/have:

- Pregnant
- History of Keloid or Hypertrophic scarring
- Undergoing Chemotherapy or Radiation (consult your doctor)
- Viral infection(s)
- Epilepsy
- History of strokes (consult your doctor)
- Pacemaker or major heart problems
- Organ transplant
- Skin irritations or Psoriasis near the treated area (rash, sunburn, acne, etc.)
- Sick with cold or flu
- Used Accutane within 1 year of procedure
- Uncontrolled Hypertension
- Any treatment, medication or illness that compromises your immune system/healing

Please discuss any question or concern you have regarding these issues with your Micropigmentation Artist.

Complimentary consultation, Before & After photos and client referrals available.