

## Aesthetic Fotofacial/BBL/Skin Rejuvenation/Skin Tightening

### Pre-Treatment Care Instructions

- Please **AVOID** sun exposure and tanning beds for one (1) month prior to treatment and throughout the course of your laser treatment(s). Exposure to the sun or tanning beds decreases the effectiveness of the laser treatment and will increase the probability of post-treatment complications. Clients with the slightest tan should not be treated.
- Accutane usage is a contraindication for this and all laser treatments and must be stopped for at least six (6) months prior to treatment.
- Sunless tanning lotions are to be **AVOIDED**.
- Please inform us if you have a known history of hyper-pigmentation. If so, we may recommend an effective treatment for use 1-2 weeks prior to treatment.
- If you are concerned about discomfort and wish to utilize a topical anesthetic, please discuss this with you're a Little Skin Studio, LLC aesthetician. It is important that you only use a topical anesthetic provided by your aesthetician. Place a thin layer of anesthetic on the area(s) to be treated **1-3 hours** prior to your scheduled appointment. **Do not** cover the anesthetic with any non-breathable barrier, gauze or plastic wrap.
- Make sure your skin is clean and dry. Please use soap and water to remove ALL lotions, perfumes, make-up, deodorant, etc. These products may contain flammable substances which used in conjunction with laser energy, may damage your skin. Alcohol or ethanol should **not** be used to clean the skin.
- Please notify us if you suffer from recurrent fever blisters or cold sores. The laser treatments do not cause them, but can induce an outbreak in an area where you have had these before.

**I have read and fully understand the pre-treatment Fotofacial/BBL/Skin Rejuvenation/Skin Tightening protocol.**

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_