

## **Aesthetic Fotofacial/BBL/Skin Rejuvenation**

### **Post-Treatment Care Instructions**

The treated area must **NOT** be exposed to the sun. You should apply a protective moisturizer with SPF 30 or a broad spectrum (UVA/UVB) sunscreen of SPF 30 or higher to prevent sun exposure.

Each Fotofacial/BBL/Skin Rejuvenation treatment will result in gradual lightening and improvement of pigmented and vascular imperfections. Textural improvements accumulate towards the end of the treatment series. Temporary pinkness in the skin lasts a very short time, and most people return to work or normal activities immediately after treatment. The improvement in pigmented and vascular irregularities can often be seen by the time of your next appointment. Brown spots on the skin temporarily darken, then rise to the surface and exfoliate off.

#### **Expectations following treatment:**

- The treated area may immediately show redness and swelling. This will diminish within 24-48 hours.
- Mild blistering may occur and should resolve in several days. Visible darkening or lightening of the skin may occur after treatment. Should this occur, it usually resolves within 4-6 weeks.
- If signs of infection such as pus at treatment site, tenderness or fever, or if you become concerned about any skin changes, please contact A Little Skin Studio, LLC aesthetician.

#### **General Skin Care:**

- Discomfort, swelling, redness similar to a sunburn (lasting from a few hours to a couple of days) can occur. Discomfort, itching or stinging may be relieved with Tylenol or acetaminophen (not Advil). For swelling, you may apply ice wrapped in a soft cloth.
- During the healing phase, the skin must be treated delicately. Do **not** scrub the area. Avoided rubbing with a towel or washcloth when bathing. Do not rub, scratch or pick. If scabbing or crusting presents, you may apply a thin layer of Aquaphor or antibiotic ointment to the area several times a day to keep it moist. Do not cover with gauze or bandage. Do not shave over the area. Let any crust or scab fall off naturally.
- If make-up is required, it must be applied and removed delicately. The skin may be fragile and excess rubbing could open the skin, increasing the chance of scarring.
- Avoid any sports and/or strenuous exercise for at least 2-3 days following your treatment.

**Post treatment instructions MUST be followed to prevent any complications. Please contact your A Little Skin Studio, LLC aesthetician with any questions regarding your treatment(s).**

**I have read and fully understand the post-treatment Fotofacial/BBL/Skin Rejuvenation protocol.**

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_